

# Kerem Shalom's Yearly Congregational Theme: "Liberation"



"Crossing the Red Sea" by Israeli artist Yorem Raanan

# Welcome to our varied offerings. Programs are on Zoom only unless otherwise noted.

Brought to you with Creativity, Calmness, Commitment and Camaraderie by your Adult Programming Committee

You can always find the latest offerings at: <u>https://keremshalom.org/adult-programming</u> and check out the *KS Weekly News* (emailed each Thursday), for the most up-to-date information.

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#### \*Mask Policy

Masks are currently encouraged for all events at Kerem Shalom. Attendees should be fully vaccinated and boosted.

<u>CLICK HERE</u> for the latest policy.

#### **Upcoming Special Events**

# Megillah on the Roof

#### Kerem Shalom's 2023 Purimshpiel!

Saturday March 11 7:00pm – Desserts, drinks and schmoozing 7:30pm – Welcome by Rabbi Darby and Rosalie, and...

> The Purimshpiel!! Followed by More Merriment!



Original Art by Eugene Ivanov

#### Location: In person at Kerem Shalom

Presented by talented members of the KS Shtetl, this year's Purimshpiel is sure to please! Costumes optional / Clothing required!

Please RSVP to ksadmin@keremshalom.org by Wednesday, March 8.

If you would like to add to the festivities with a song, a story, or a joke, please contact <u>Rosalie@keremshalom.org</u> for more information.

# A Taste of Freedom: Recipes for Passover



#### With Hila Krikov, Hebrew School Reimagined Teacher

#### Monday March 20 7:00 – 8:30pm Location: In person at Kerem Shalom Cost: \$25/person

In this hands-on cooking class, you will go back in time to explore the food that the Israelites ate the night of their departure from Egypt and during the 40 years they spent wandering in the desert. We will take clues from biblical stories and use ingredients that are native to the historical region (such as eggplant, za'atar spice, and dates) to create several dishes for Passover. The menu will include flavorful matzah bread, sweet and savory dips, lentil salad and matzah brei dessert. Presented by Hila Krikov, Hebrew School Reimagined teacher and owner of Sweet Tahini (https://www.sweettahini.com).

LIMITED TO 8 PARTICIPANTS - register early by emailing Rabbi Sam at learning@keremshalom.org

### **Pre-Passover Concert** Songs and Music with Stephen Pixley and Beth Rubens

Saturday March 25 8:00pm Location: In person at Kerem Shalom

This unique event is a great one to *bring friends* to. It will be a wonderful intro to Kerem Shalom.

Get ready for Passover with an evening of Jewish vocal music by opera singer and cantor Beth Rubens and Kerem Shalom's



own Stephen Pixley. This eclectic program will feature well-known musical theater songs, traditional Ladino music, and newly composed music by Mr. Pixley especially for Passover.

**Beth Madeline Rubens** is a voice teacher in Washington, D.C., the Cantorial Soloist for Bet Aviv Congregation in Columbia, MD, and the former soloist at Hevrat Shalom in Rockville, MD. She earned a BA from Vassar College, and an MM in Vocal Performance from The San Francisco Conservatory of Music, and was a Pacific Region Finalist with the Metropolitan Opera National Council Auditions. Ms. Rubens has performed with the Washington Savoyards, the Opera Theater of Northern VA, Washington Shakespeare, The InSeries, the Washington Opera Society, Livermore Valley Opera, Mission Valley Opera, Theaterworks in the Bay Area, CA, The San Francisco Symphony Chorus, the Bay Area Summer Opera Theater Institute, among others, and as a soloist in recitals and concerts in the San Francisco Bay Area, New York, Washington DC Metro Area, Rome and Luca, Italy.



Kerem Shalom member **Stephen Pixley** is a voice teacher, composer, conductor, and musical theater director. He received a BA from Vassar College, an MM from The New England Conservatory of Music, and an MA in World Music from Wesleyan University. Mr. Pixley's recent works include art songs of poetry by Rilke, Lowell, Yeats, and Balzac, numerous choral arrangements, and several children's musicals. He has performed both as a classical and Klezmer singer throughout the Boston region, and currently teaches Music and Drama at Oak Meadow School. Mr. Pixley has also held managerial positions at various local music organizations, including the Handel & Haydn Society, the New

England Conservatory of Music, the New School of Music, the Boston Early Music Festival, and Brookline Music School, where he received a citation of merit from the Massachusetts House of Representatives for achievement in building community partnerships in the arts.

# Salon Artists Series Ilana Manolson

#### Sunday March 26 10:30am – 12:30pm Location: Zoom

KS member Ilana Manolson will share her story and present selections of her artwork.

She writes of her work: "In my paintings, I talk about the consistency of change in nature and reflect on the human role in the change. My work speaks of the fragility of life and celebrates the glory of transition. I used to paint *en plain air*, taking paints, board and easel outside to be true to the scene



in front of me. Painting day after day at the same site, it became clear to me that what I wanted to paint was not a fixed and constant scene. The light shifted, the weather changed, the leaves fell; moment to moment it was not the same place. I watched pond turn to meadow, meadow to forest and forest to concrete. I wanted to capture that. I have been expanding the context not just in terms of time but also space and causality. I paint the sum of my understanding of the landscape. I combine different scenes as well as different moments, conveying my sense of how they connect, how different landscapes impact each other, giving weight to elements of nature I remember and editing others. I reach into my pocket and use the rocks, acorns and flowers that have traveled back with me from my hikes to anchor a piece, distorting the scene to capture the essence. My experience of place is always filtered through memory. I exaggerate and edit. Even though a lot of the scenes look complete, they are the compilation of many miles walked over time. My paintings encompass something growing and something dying. The cycle of growth and death is the constant in nature and in my paintings. When I paint, I squint my eyes looking for the minute that stands in for the monumental."



Canadian/American painter, printmaker and naturalist **Ilana Manolson** is represented by galleries around the world. Her work has been exhibited at many museums and galleries, and is in the permanent collections of the Museum of Fine Arts (Boston), the Berkeley Museum, the Danforth Museum, the De Cordova Museum, the Boston Public Library, the Ballin Castle Museum and numerous corporate collections.

She is a two-time winner of the Massachusetts Cultural Council Artist Fellowship for Painting (2008-11 and 2018-21) and also received the St. Botolph Artist Grant, Boston. Her residencies include the Banff Centre for the Arts residency where she was a Leighton Fellow, the Mass MOCA residency, the Ballinglen Arts Foundation residency (three times), Yaddo Artist Colony, and Banff School of Fine Arts.

#### **REGISTER HERE**

# **Reggae Shabbat Service**

Friday Evening April 7, 7:30pm In person at Kerem Shalom, and on Zoom



Reggae music and the belief system of Rastafari are deeply intertwined. The theology of Rastafari draws heavily from the Hebrew Bible and although very different, we do see many symbolic and linguistic overlaps between Judaism and Rastafari.

As we celebrate the Jewish exodus from Egypt during the week of Pesach, some of us may be hearing in the back of our minds the words of Bob Marley's Exodus, "movement of Jah people."

Our Passover offering will feature Kerem Shalom musicians and singers who will infuse traditional liturgy with reggae tunes as well as adding some pieces of well known and loved reggae music.

Rabbi Darby and Rosalie will be leading the service. Guest composer and arranger, David Sparr, Musical Director for Temple Ohabei Shalom in Brookline, will conduct our KS musicians and chorus.

REGISTER HERE and choose April 7 to attend via Zoom

If you would like to sing or play an instrument with us, contact <u>Rosalie@keremshalom.org</u> for rehearsal info.

# Yom Ha-Shoah Presentation Stories of a Child Survivor of the Holocaust - Rozette Kats

#### Sunday April 16 10:30am – 12:00pm Location: Zoom

Rozette Kats, born in 1942, participated in the first One-by-One Dialogue Group in 1996. She recounted her story of being hidden in Amsterdam as a child. Not long before her parents were deported, they had given her to a non-Jewish couple who raised Rozette, saving her from the fate of her own mother, father and baby brother, who were murdered in Auschwitz.



Ms. Kats was invited to be the keynote speaker at the German Parliament's annual "Ceremony of Remembrance for the Victims of National Socialism" on Jan. 27, 2023.

**REGISTER HERE** 

### Broth Hour - With Carole Greenfield and Rachel Kalikow An Adventure Like No Other: Biking Across Israel

#### Sunday April 23 10:30am – 12:30pm Location: Zoom

KS member Carole Greenfield participated in the 2022 Israel Ride, a bicycle tour from Jerusalem to Eilat. Come learn about Carole's experience and see the country through a different lens. The scenery ranged from the hills of Jerusalem, rolling farmland, the Mediterranean, the Arava desert, and finally to Eilat on the Red Sea.



Beyond the highlight of exploring Israel by bicycle, Carole and 170 other cyclists learned about environmental cooperation throughout the region through conversations with alumni of the Arava Institute for International Studies, who today are scientists, activists, and researchers.

This bike ride fundraiser supports the Arava Institute, an environmental academic and research institution dedicated to preparing future leaders (Israeli, Palestinian, Jordanian, and international students and interns) to cooperatively solve the region's environmental challenges. The Institute implements on-the-ground projects, conducts cutting-edge research, and has an accredited university-accredited academic program. It works to protect fragile shared environmental resources and eliminate conflict over these scarce natural resources; in so doing, the Institute serves as a model for constructive peacemaking for wider areas of conflict.

Carole will be joined by Rachel Kalikow, Chief Development Officer of the Friends of the Arava Institute, to talk about the experience of bicycling through Israel as well as the Institute's work in environmental peace-building. Hear about how environmental cooperation may offer a path to peace-building through efforts including renewable energy and water solutions for some of the region's most vulnerable communities. The Arava Institute's unique academic program includes facilitated dialogue between the students, which leads to deeper understanding and builds relationships and trust which last far beyond a semester on campus.

And... learn how we can eat dates with exactly the same DNA as folks at Masada, 2000 years ago!

#### **REGISTER HERE**

# Antisemitism Awareness Group Discussion

Sundays: March 19, April 30 10:30 – 11:45am Location: In person at Kerem Shalom\*

On October 30, Jeremy Burton, Executive Director of the Jewish Community Relations Council of Greater Boston (JCRC), provided an informative program to members of Kerem Shalom and the larger community on the topic *Countering Antisemitism Threats: The Latest Strategies and Tools to Fight Hate.* 



As a follow-up to this event, the Antisemitism Awareness Team invites you to join us to continue this important discussion within the Kerem Shalom community. We will be hosting a series of book group discussions based on Deborah Lipstadt's, <u>Antisemitism Here and</u> <u>Now</u>. Each session will be based on just 2-3 chapters of the book, so we hope everyone will have a chance to read them prior to the session.

You may attend any or all sessions: each discussion stands alone.

**Previous discussion: Feb 12** - What is Antisemitism? Understanding the past to make sense of the present

Antisemitism Here and Now, chapters 1-2

**Mar 19** - Contextualizing Antisemitism Antisemitism Here and Now, chapters 3-4

**Apr 30** - Antisemitism Now Antisemitism Here and Now, chapters 5-7

Please RSVP to <u>antisemitism-action@keremshalom.org</u> if you would like to join us for these discussions.

\* These discussions will be in-person only, unless the COVID situation and COVID policies change.



New Therapies for Alzheimer's Disease: How Well Do They Work... and at What Price? LED\* Series 2022-2023

With Dr David Rind, Chief Medical Officer for the Institute for Clinical and Economic Review (ICER)

Sunday May 7 10:30am – 12:00pm Location: Zoom

Despite medical breakthroughs in the treatment of many serious conditions, Alzheimer's Disease remains relatively elusive, with daunting consequences for patients and their families. Earlier this year, the Food and Drug Administration (FDA) approved a new Alzheimer's drug, Leqembi, that may modestly slow the pace of cognitive decline but with some risks and at considerable cost.

Why is Alzheimer's Disease (AD) such a challenge to treat? How does the FDA go about deciding whether to approve a drug? How does Leqembi compare to other drug therapies for AD? How much better is a new treatment at extending or improving patients' lives? How do you weigh effectiveness against cost and arrive at a fair price? Dr. Rind, recently quoted in The New York Times, pointed out that "it is particularly important that new therapies be priced in line with their value to patients."

These are a few of the questions that will be addressed by Dr. David Rind in his upcoming L.E.D. talk. Dr. Rind is Chief Medical Officer for the Institute for Clinical and Economic Review (ICER), founded in 2006 as a nonprofit research institute at Harvard Medical School. He leads teams that analyze the effectiveness and value of drugs and medical services. Dr. Rind also works as an academic primary care physician at the Beth Israel and Deaconess Medical Center, supervising residents in internal medicine.

Join us to learn about the decades long search for new Alzheimer's Disease treatments and the progress that is being made, as well as the ongoing efforts to achieve costeffectiveness for patients.

**REGISTER HERE** by May 5

\* LED = LEARN, EXPLORE, DISCUSS – Shed a little light.

# Save the Date An Evening of Yiddish & Jewish Music

#### An in-person concert With Stephen Pixley, Rosalie Gerut, Elaine Allen and friends

Saturday evening, May 20 Location: In person at Kerem Shalom

Honoring the memory of mother/grandmother Doris (Cobrin) Karp

# Upcoming Kerem Shalom Spring Art Exhibit

All artforms are welcome If you would like to help, we have fun and rewarding work to do. Kerem Shalom **artists**, we welcome your participation!

Please contact <a href="mailto:Rosalie@KeremShalom.org">Rosalie@KeremShalom.org</a>

Interested in Joining our Kerem Shalom Community? Find out more: <u>https://keremshalom.org/join-us/</u>

Why not drop Robyn, our administrator, a note? ksadmin@keremshalom.org

#### **Spiritually Uplifting Studies**

# Torah Studies

With Rabbi Alan Ullman

Five Sundays: March 26 April 2, 9, 23 May 7

#### 6:00 – 7:30pm \$125; \$165 for non-KS-members Location: In person at Kerem Shalom



Rabbi Ullman helps us to see the wisdom of Torah as a way to guide our own spiritual journeys and to find the sacred in our everyday lives. A brief text is introduced at the beginning of each class. No previous knowledge or experience is required.

Registration and payment due by March 19th

(Checks made out to Kerem Shalom, P.O. Box 1646. Concord, MA 01742 - attention Rosalie)

RSVP: Rosalie@KeremShalom.org

# New: ASL 1 and 2

#### American Sign Language With Professor Larry Stephen

Professor Stephen, a highly regarded ASL teacher who has taught previously at KS, is available for level 1 and/or 2 courses **in person or on Zoom**. Sessions may be held on Friday, Sunday, and/or Monday (Monday would be Zoom only)



If you are interested, please contact Rosalie@KeremShalom.org

# **Jewish Sacred Drum and Chant Circle**

Dates: Mondays March 13, 20, 27 April 3 Time: 2:00 - 3:15pm

Location: In person at Kerem Shalom

Cost: \$10/session (\$20 for nonmembers) – pay when you arrive.

Join Sacred Drummer/KS Educator Mitch Gordon here at Kerem Shalom for a 4-week series of Jewish Sacred Drumming, Chant, and Meditation.



Sessions will include brief discussions of liturgy or Torah and then explore drumming and chanting from a prayerful and mindful perspective.

All experience levels of drumming or chanting or meditation welcome, no experience necessary. Dress comfortably; bring your own hand drum or use one that is provided.

Chants will include those from Shefa Gold, YofiYah, Sigal Brier, Taya Ma and others.

Please sign up in advance for one, two or all sessions: Rosalie@KeremShalom.org

#### KS Spotlight

#### Pamela Rae Schuller Rocked the Halls – With Laughter



On Saturday evening, February 12, Comedian Pamela Schuller, internationally known disability and mental health advocate, brought her own special hilarity to Kerem Shalom.

#### Kerem Shalom Adult Library

#### Adult Library Introductions KS Volunteer Librarian, Nanci Bell

The KS Adult library has a varied selection of books, many in English, available for you. Our collection includes books on a variety of Jewish themes, as well as books published by some of our KS members. Come in and explore!

**FEATURED**: Come browse our collection of books of JEWISH HUMOR: on the shelf facing you as you enter (left side of the room)

#### Marla's Corner, or Who Knew?

#### Last issue's question

Did you guess which KS member traveled to Iceland and the Arctic Circle in search of birds?

It was our own librarian, Nanci Bell! Ask her about birds and about the KS Library!

#### March/April's Question

Which member of the KS community is currently playing their woodwind instrument in 6 orchestras, ensembles and groups? Their instrument has also been played at Kerem Shalom!

People ask me, where do I find all these stories? I tell them, "I ask." The next comment is how do I find such unusual people? I think everyone has a story that people are going to say, "no, they really didn't do that?" What is your story? Let me know and I will be delighted to inform the entire congregation!

Marla: adult-programming-committee@keremshalom.org

#### Literary Groups

#### Kerem Shalom Book Groups

We offer 2 different book groups



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**Jewish Content Book Group** 

Hosted by Jane Appell

The Jewish Content Book Group discusses books with Jewish content or Jewish themes

Meeting monthly on the 2<sup>nd</sup> Tuesday of each month

<u>Next meetings</u> **March** – No meeting **April 11 (1:00pm)** - *Incandescent Threads* by Richard Zimler *This meeting may be in person* 

#### Review notes on recently read books

*The Latecomer* by Jean Hanff Korelitz: The book opens with a car accident in which Salo, the father, caused the death of some of his passengers. His internalized guilt and shame about this has a ripple effect on his entire life... <u>Read Full Notes</u>

To join, contact Jane Appell at jewish-content-bookgroup-info@keremshalom.org

#### Kerem Shalom Book Group

Hosted by Pat Sills Meeting monthly, evenings

<u>Next meeting</u> Wed Apr 12 (7:00pm) – *Lessons in Chemistry* by Bonnie Garmus

To join, or for details on future books, contact Pat Sills <u>bookgroup-info@keremshalom.org</u>.





# **KS Writing Group**

Are you working on a project and need to focus but are having trouble finding the time? We gather to support each other and overcome procrastination.

Monthly dates and times arranged by the participants.

If you are interested, please contact <a href="mailto:Rosalie@KeremShalom.org">Rosalie@KeremShalom.org</a>

#### Leisure



#### **NEW! Readers' Theater**

The KS READERS' THEATER will be presenting readings of stories by outstanding Jewish writers. We welcome folks to participate in the magic of Jewish theater. We'll work together to prepare performances (memorization not required).

We have a fun, Chelm-oriented reading ready to go - we just need your participation to make it happen!

Interested? Contact <u>Rosalie@keremshalom.org</u> for more information.



#### KS Women's Walk

A group of KS women are walking along neighborhood trails (and when necessary, safe local sidewalks). **Tuesdays at 2:30pm** 

Contact: Karen Belinky via Rosalie: Rosalie@KeremShalom.org

#### Mah Jongg

Would you like to play Mah Jongg?

We meet in person at Kerem Shalom

Contact KS Member Nanci Bell: mah-jongg@keremshalom.org



#### **Judaic Studies in Community**

Unless otherwise noted, all Judaic Studies groups are facilitated by the Director of Adult Programming, Rosalie Gerut.

#### Shabbat Shalom Group

Led by Rosalie and group members

#### Fridays

10:30-10:45am - Informal check-ins (optional) 10:45-12:00 - Meaningful discussions of the Torah parsha 12:00-12:30pm - Open time for conversation (optional) Location: Zoom

We begin with a brief meditation, song, and gentle prayer to open our hearts and souls, and proceed to explore how the messages of Torah relate to our lives in today's world. Rosalie and group members take turns facilitating the group.

"Thank you to Rosalie and to all our Shabbat Shalom sisters for nurturing our communal spiritual consciousness."

- Jane Appell

Questions? Contact Rosalie at Rosalie@KeremShalom.org

Art by Yorem Raanan

#### **REGISTER HERE**

#### **Spiritual Studies**

Second Monday of each Month 10:00 - 11:30am for KS Members and their friends Location: Zoom



"Dr. Arthur Green, one of the greatest spiritual teachers of our time, explains the meaning, history and origin of over 150 core Hebrew words. The basic vocabulary of Jewish spiritual life is explained with humor, insight and relevance to guide you on a historical and spiritual journey through Judaism."

- Amazon.com

We read Rabbi Green's short descriptions along with additional interesting details that we explore, discuss, and enjoy. Join us!

Next meetings: 3/13, 4/10

Questions or to register, contact Rosalie at Rosalie@KeremShalom.org

### Rosh Chodesh (Beginning of the Month) Women's Group

An invitation to **Women Members** of Kerem Shalom **First Monday of each month, 10:00 – 11:30am Location: Zoom** 

We welcome women who come from non-Jewish backgrounds. No knowledge of Judaism or Judaic studies needed.

Come and join a friendly and supportive group of women who meet monthly to explore meaningful themes of the Jewish calendar and discuss how they relate to our lives. (No previous knowledge or preparatory work required.)

"A group of women enter the room or Zoom. A candle is lit. We greet each other by our Hebrew names and invoke the names of our mothers and grandmothers. We meditate and stretch for a moment.



Art by Yorem Raanan

Then we discuss the Hebrew month: holidays or lack thereof; star sign; what is happening with planting, growing and harvesting on many levels. It is calm and quiet. This group of women may never have discussions like this anywhere else. But here we are safe and attached to our history. Jewish women together celebrating our commonality." - Group Member Marla (Miriam) Richmond

#### Next meeting: 4/3

#### **REGISTER HERE**

If you have questions, please contact Rosalie@KeremShalom.org

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#### Rosh Chodesh (Beginning of the Month) Evening Women's Group

For those of you who are busy during the day, we invite you to relax and share your thoughts about meaningful themes of the Jewish calendar.

No previous knowledge or pressure to prepare required. Our discussions are always as interesting as the women who participate.

First Thursday of each month, at 7:30pm Next meeting: 4/6 Location: Zoom

#### REGISTER HERE

#### **Torah Conversations Group**

Saturdays, 8:45 – 9:45am For KS members and non-members Location: Zoom

KS Torah Conversations is an ongoing conversation group that meets each Shabbat morning. No prior knowledge of Torah or Hebrew is required to participate, although attendees are asked to read the week's parasha (Torah portion). The parasha is listed in the KS Weekly News and can be read online at <u>Sefaria</u>. Most participants read English translations.



For the current year, 5783, as a guide for discussion, along with reading the parasha, the group will read the weekly section in <u>*The JPS Rashi Discussion Torah Commentary</u>*, by Steven and Sarah Levy. Some participants also enjoy reading from a wide range of other commentaries.</u>

Torah Conversations members take turns facilitating the discussion. The conversations typically flow back and forth between trying to understand the embedded meaning of the weekly parasha and connecting it to questions that have relevance in our lives. Each person's voice is welcomed.

Rabbi Sam Pollak, Director of Congregational Learning, serves as our Clergy Advisor and will study with us and facilitate our conversation once a month, on the following dates: 3/11, 4/8, 5/13 (Pesach) and 6/10

We meet each Shabbat morning, currently on Zoom. Conversations about the week's parasha begin promptly at 8:45am and end at 9:45am. The room opens ten minutes earlier for general conversation. The group meets weekly, with rare exceptions, as long as there are two or more of us who are available to meet. We welcome you to join us any Shabbat morning.

#### **REGISTER HERE**

Contact Colleen Humphreys for further information: torah-conversations-info@keremshalom.org

#### Health & Comfort for Mind, Body and Soul

#### **Insight Meditation with Cheryl Steinberg**

Tuesdays, 9:00 – 10:00 am (Zoom opens at 8:45 to schmooze) For KS Members and Non-Members Location: Zoom

Please join us for weekly Tuesday meditation sessions with Cheryl Steinberg. This class is great for any of you who would like to learn meditation and those already meditating who would like the support of others. The class is based on Insight Meditation and offers instruction and learning around the practice.



Contact Cheryl if you have any questions: meditation-with-cheryl-info@keremshalom.org

#### **REGISTER HERE**

#### Laughter Yoga with Susan Phillips

#### Tuesdays, 7:00 – 7:45pm For KS Members and Non-Members Location: Zoom

The practice of Laughter Yoga is a way to generate our own laughter without relying on jokes. We practice easy and fun group laughter exercises, with short breaks of deep belly breaths, and end with guided relaxation. In this way, we stay centered in our body and breath and connected to each other through contagious giggles and warm appreciation.



Susan Phillips, M.Ed., is a Certified Integrative Health Coach and Laughter Yoga Teacher

Please contact Susan at laughter-yoga-info@keremshalom.org for the Zoom link.

#### Kerem Shalom Men's Group

Are you interested in joining or starting a men's group? For over two decades, a small group of men connected with Kerem Shalom have been meeting regularly to witness each other's challenges, joys,



and sorrows. Participants are happy to talk with Kerem Shalom members who might be interested in joining this group or starting a new one.

When this group began, its members were in their late 40s, a challenging, heads-down life stage for many men. Members are now in their 60s and 70s, a life stage with new challenges related to work, health, relationships, and family. The group explores these themes in semi-structured, confidential, and non-judgmental conversations which are "advice-free unless asked." Work, children, partners, the man's "role" as caregiver, and adventures are all grist for this mill. And while this is not a religious study group, religious and spiritual experiences are sometimes discussed.

If there is sufficient interest, members of the current group are more than happy to help a new group get underway, then step back and let that group evolve.

If you are interested in becoming a member of the current men's group or in starting a new one, please contact George Peabody at <u>mens-group-info@keremshalom.org</u>.

For up-to-date info on all the happenings at Kerem Shalom, see the KS Weekly News (emailed each Thursday), the <u>KS website</u>, and <u>website calendar</u>.

# **Special Thanks**

To KS member and artist extraordinaire, **Ilana Manolson**, for her beautiful illustration of Kerem Shalom/Vineyard of Peace; to **Scott Sancetta** for the many hours he spends editing and formatting; to **David Luberoff**, for his for patient, thorough reviews, **Jody Kotkin** and **Robyn Barabe** for their consistent support and PR; to **Rabbi Darby Leigh**, **KS President Mark Stein** and **President Emerita Deena Whitfield** for their ongoing support; to **Nancy Sokol** for her contribution to writing and editing; to **Marla Richmond** for creating "Marla's Corner"; and to **the AP Committee** for their assistance in creating these offerings: **Elaine Allen**, **Jane Appell**, **Carol Barron**, **Diane Fulman**, **Carole Greenfield**, **Marla Richmond**, **Nancy Sokol**, **Kitty Stein**, **Susan Phillips** and to **KS Board VP Scott Sancetta** for his patience and good humor with this challenging effort. Finally, I offer my deep, heartfelt thanks to all these terrific folks and to Kerem Shalom for giving me the opportunity to work with our volunteers to create new and exciting offerings for our adult members.

- Rosalie Gerut



Kerem Shalom is committed to making our programs accessible to all members of the community. <u>Click here</u> for more info on inclusion at Kerem Shalom.